

Information Note #2 & #3 Combined – Week of 1/13/25 & 1/20/25

Practice Reminder

Practices the week of 1/20/25 are on Monday and **Wednesday**. This is the only Wednesday practice we have during the year due to the number of events held at CHS this week.

CHS Home Wrestling Duals

Columbus High School will host two home dual meets this week. On Tuesday, 1/21, CHS boys will wrestle against Omaha North (JV at 5 p.m., Varsity at ~5:30 p.m.) then Omaha Skutt (JV at ~6 p.m., Varsity at ~7 p.m.). On Thursday, 1/23, CHS boys and girls will wrestle against Kearney High (Boys/Girls JV 5 p.m., Girls Varsity 6 p.m., Boys Varsity 7 p.m.). This is a great opportunity to come and support the wrestlers who stay and help coach our CWO wrestlers at practice each week.

Season Practice / Tournament Overview Calendar

The CWO Team calendar can be accessed from our team website or directly from the link below:

<https://www.google.com/calendar/embed?src=columbuswrestlingorg%40gmail.com&ctz=America/Chicago>

All the CWO Team tournaments for 2025 have been loaded into the CWO Google calendar. I will keep adding “Opportunity Tournaments” as well for those who would like to wrestle more than one tournament each weekend.

Apparel Orders (Due date: Sunday, January 26th, 2025 at 11:59 p.m.)

We have finalized our CWO Team apparel order form for the 2025 Season. Each wrestler will receive a free short-sleeve t-shirt if they participate on the Columbus Wrestling Organization Wrestling Team. For the parents and other family members, we have very reasonably priced t-shirts, sweatshirts, ¼ zips, t-shirt hoodies, sweatpants and shorts available for ordering. We also have sack packs, beanies, scarfs and hybrid backpacks available for the kids and adults to purchase. Youth and adult sizes are available for all apparel.

All apparel orders will again be done on-line directly through SpecialTee Screenprinting and Embroidery here in Columbus. Once the orders are done, the store will email out a notice and orders can be picked up directly from the store in downtown Columbus at 2516 13th St. If there are any questions about the orders or ordering process, please contact them at 402-606-4447.

Direct link for ordering: <https://2025cwo.itemorder.com/shop/home>

Deadline for orders: Sunday, January 26th, 2025 at 11:59 p.m.

Please do not include the free t-shirt in your orders, CWO will order and distribute those shirts separately based on the t-shirt size entered when you completed registration. These shirts will be available later this week.

Team Singlets

If you have not checked out a CWO Team singlet yet, you can still get one from the check-in table before your scheduled practice times. Reminder: We do require that the CWO Team singlets be worn by our wrestlers at all tournaments which we designate as “Team” tournaments. We also encourage our wrestlers to wear them at the “Extra” tournaments to help any coaches who are at those tournaments to identify the CWO wrestlers who need coaching.

Dual Team Singlets – PLEASE RETURN

Those wrestlers who participated in the CWO vs. Norfolk youth wrestling dual will need to return the CWO Dual Team singlet that was assigned to your wrestler. Please return those singlets (washed) as soon as possible at practice this week.

USA Wrestling Insurance Cards

Part of the CWO Team membership fees goes to purchasing each wrestler a USA Wrestling Insurance Card. This is secondary sports accident insurance (coverage is secondary to primary medical insurance) which we are required to carry as a youth sports organization. Many, if not all, of the tournaments we go to require proof of secondary sports insurance. Cards have been purchased for all our Team members. Printed copies will be available at the check-in table starting on Wednesday, January 22, 2025.

Team and Individual Pictures

Photos will be scheduled over the next week or two. We have had good success at having picture night on a night different than a normal practice night as it takes too much time away from practice. We will have information sent out asap once confirmed with the photographer.

Team Tournaments:

Reminder that we post the complete list of Team tournaments and other tournaments on the CWO Team website under the following link: <http://www.columbuswrestling.org/tournaments>

The tournaments are listed in tabular format by date and name. The far right column of the table contains a link to all the tournament flyers for each date. We upload and link these flyers as soon as we get them from the host of the tournament. If you are using a cell phone to view this list, you may have to slide over the right to get access to the links.

Tournament participation has been great this year as a whole and all the tournaments we are going to are filling up early in the week. Feel free to look ahead each week into the following week's team tournament and get register ahead.

INFORMATION FOR OUR GIRL WRESTLERS: When you register for tournaments which advertise that they will have "girls only" brackets, be sure to pick the right division in TrackWrestling from the drop down menu. Some of the tournaments are not designating "Boys" divisions and only add "Girls" to their divisions. TrackWrestling likely puts the drop down list for divisions in numerical order and alphabetical order so the list will likely have PreK-K, 1-2, 3-4, 5-6, 7-8 on top followed by divisions named Girl's PreK-K, Girl's 1-2, Girl's 3-4, Girl's 5-6, Girl's 7-8 toward the bottom. The first ones are for boys by default. If you signed up for that by accident in future tournaments and notice it when weighing in, just request that they move your girl to the Girls division. Unless of course, you have a girl that wants to wrestle in the boys division, that is perfectly okay.

Upcoming Team Tournaments/Events:

Sunday, January 26th, 2025 *Lakeview Wrestling Club Tournament (Lakeview High School, Columbus, NE)*

We will be going to this tournament as a team. Forms and information is available on the Team website at www.columbuswrestling.org/tournaments. **Parents are responsible for sending in form and/or registering on-line on their own including making payment.**

Sunday, February 2nd, 2025 *Norfolk Champions Trophy Tournament (Norfolk Senior High, Norfolk, NE)*

We will be going to this tournament as a team. Forms and information is available on the Team website at www.columbuswrestling.org/tournaments. **Parents are responsible for sending in form and/or registering on-line on their own including making payment.**

Opportunity Tournaments:

Saturday, January 25th, 2025 *David City Outlaws Tournament (David City High School, David City, NE)*

Information for this tournament is available on the team website at www.columbuswrestling.org/tournaments. This is a good local tournament. We cannot guarantee coaches will be at this tournament but it sounds like we may have a few there.

Saturday, February 1st, 2025 *Double Dogs Tournament (Shelby High School, Shelby, NE)*

Information for this tournament is available on the team website at www.columbuswrestling.org/tournaments. This is a good local tournament. We cannot guarantee coaches will be at this tournament but it sounds like we may have a few there.

If you have any questions or concerns, please let me know.

Coach Brian Brownlow, Phone/text: 402-910-8749, Email: columbuswrestlingorg@gmail.com