

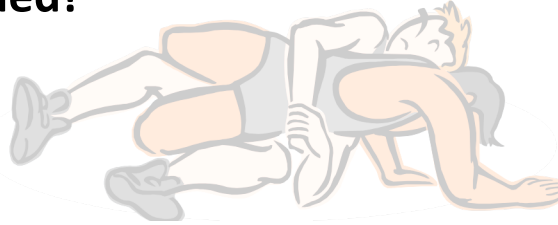
12th Ann.

MY FIRST WRESTLING TOURNAMENT!

Beginners Only (New Wrestler, or below .500 record)

No experience needed!

Sat Jan 11th
Lincoln NE



RETURNING THIS YEAR! : *Ankle band tournament for 3-4 year olds!* A fun way to help the younger siblings fall in love with wrestling and earn their first trophy too! Entry in the ankle band division is half the cost of the regular division. Ankle band rules have been revised, making it more fun. Rules listed on event website.

Parent Clinic: 9:00am

We will explain how scoring works, what a wrestling bracket is and how to read it, show you how to find out what mat your wrestler is on, when they wrestle, and much more to help you navigate wrestling tournaments.

DATE: Saturday, January 11th 2025

SCHEDULE:

Age Division	<u>3 - 4</u> <u>Ankle Band</u> <u>Tournament!</u>	<u>6 & Under</u>	<u>7 - 8</u>	<u>9 - 10</u>	<u>11-14</u>	<u>Girls Only</u> <u>All Ages</u>
Check-in Deadline	8:30am	8:30am	11:30am	11:30m	2:00pm	2:00pm
Wrestling Starts	9:30am	9:30am	12:30pm	12:30pm	3:00pm	3:00pm

***NOTE: WRESTLERS NOT CHECKED-IN BY THEIR CHECK-IN TIME WILL BE SCRATCHED!**

ENTRY FEE: Reg by 1/5/24 - **\$35.00**, Reg after 1/5/24 - **\$45.00** Pay online (NO REFUNDS)

EARLY DEADLINE ONLINE: **Sunday, January 5th** (Or once we reach 500 wrestlers!)

LOCATION: **Nebraska Wesleyan University** – Knights Field House
5000 St Paul Ave.
Lincoln, NE 68504



TOURNAMENT WEBSITE:

www.MyFirstWrestlingTournament.com

WEIGH-INS: Entered during online registration. NO ON SIGHT WEIGH-INS. This is a beginner tournament designed to be fun for your wrestler, not competitive. Please be honest about your weights!

ADMISSION: Adults - \$10, Children - \$5

CONCESSIONS: Concessions – Provided. No outside coolers allowed.

AWARDS: **TROPHIES** for 1st, 2nd, 3rd, & 4th

FORMAT: **4-Man Round Robin**, bracketed by approximate weight

QUESTIONS: Tournament Director: Josh Gannon, Joshgannon@hey.com

PLEASE NOTE:

- Three 1 minute periods all Divisions
- Maximum weight difference of 7.5%
- Wrestlers proven not to be a beginner will be removed (1st year wrestler, or below .500 record last year)
- Doors open at 8:00am
- No refunds if rescheduled due to weather